CLAIMS

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What is claimed is:

- 1. A method of forming an optical communication path, comprising:
 - a) creating a channel within a planar layer; and
 - b) forming at least a portion of an optical path within the channel.
- 2. The method of claim 1 wherein step a) further comprises creating the channel using a selected one of a chemical, mechanical, and a thermal process to remove planar layer material.
- 3. The method of claim 1 wherein step a) comprises molding the planar layer with the channel.
 - 4. The method of claim 1 wherein step a) further comprises:
 - i) lithographically defining a location of the optical path on a face of the planar layer; and
- ii) etching the planar layer along the defined location of the opticalpath to create the channel.
 - 5. The method of claim 1 wherein step b) further comprises filling the channel with an optical core medium.
 - 6. The method of claim 1 wherein step b) further comprises:
 - depositing a first cladding portion within the channel; and
 - ii. depositing an optical core medium within the channel; and
 - iii. depositing a second cladding portion over the optical core medium.

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- 7. The method of claim 6 wherein one of the first and second cladding portions has an index of refraction less than an optical core medium index of refraction.
- 8. The method of claim 6 wherein at least one of the first and second
 5 cladding portions is optically reflective along a side adjacent the optical core medium.
 - 9. The method of claim 1 further comprising:
 - i. depositing a cladding portion within the channel; and
 - ii. depositing an optical core medium within the channel.
- 10 10. The method of claim 9 wherein the cladding portion has an index of refraction less than an optical core medium index of refraction.
 - 11. The method of claim 9 wherein the cladding portion is optically reflective along a side adjacent the optical core medium.
- 12. The method of claim 1 wherein the planar layer is a selected one of a conductor, nonconductor, and semiconductor layer.
 - 13. The method of claim 1 wherein walls of the channel have a lower index of refraction than that of the optical core medium.
 - 14. The method of claim 1 wherein the optical path is substantially non-cylindrical.
- 20 15. The method of claim 1, further comprising:
 - c) forming an electrical trace supported by the planar layer.

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- 16. A method of forming an optical communication path, comprising:
- a) providing a first planar layer having a channeled face defining a first channel;
- b) providing a second planar layer having a complementary channeled face defining a second channel; and
 - c) placing the first and second planar layers such that the first and complementary second channels oppose each other to form a composite channel defining the optical path.
- 17. The method of claim 16 further comprising applying a reflective coating to the first and second planar layers.
 - 18. The method of claim 16 further comprising depositing an optical core medium within the first and second channels.
 - 19. The method of claim 16 further comprising filling the composite channel with an optical core medium.
- 15 20. The method of claim 16 further comprising applying a reflecting coating over the first and second channels.
 - 21. The method of claim 16 wherein the first and second channels have a semi-circular cross-section.
- The method of claim 16 wherein one of the first and second channels iscreated through a selected one of a chemical, mechanical, or thermal process applied to a planar layer.
 - 23. The method of claim 16 wherein one of the first and second planar layers is molded with its respective channel.

- 24. A method of forming an optical path, comprising:
- a) providing a sheet photosensitive to an optical source of a predetermined wavelength; and
- b) exposing the sheet to an optical path mask in the presence of the
 optical source to define an optical path lying within the plane of the sheet.
 - 25. The method of claim 24 further comprising:
 - c) adhering the exposed optical sheet to a first planar layer.
 - 26. The method of claim 24 wherein a cross-sectional width of the optical path is substantially greater than a cross-sectional height of the optical path.
- 10 27. The method of claim 24 further comprising:
 - c) applying a reflective coating to at least one face of the sheet in an area sufficient to cover one side of the optical path.
 - 28. An optical communication apparatus comprising: a planar layer; and
- an optical path at least a portion of which is formed within the planar layer.
 - 29. The apparatus of claim 28 wherein the planar layer further comprises a channel, wherein the optical path is disposed within the channel.
- 30. The apparatus of claim 29 further comprising a first reflective cladding portion deposited within the channel.
 - 31. The apparatus of claim 29 further comprising an optical core medium disposed within the channel.

- 32. The apparatus of claim 31 further comprising a reflective cladding portion disposed over the optical core medium.
- 33. The apparatus of claim 30 further comprising a second reflective cladding portion disposed over the channel.
- 5 34. The apparatus of claim 29 wherein a cross-section of the optical path is substantially non-circular.
- 35. An optical communication apparatus comprising:
 a plurality of planar layers stacked to form a board; and
 a plurality of optical paths wherein each optical path is formed
 substantially within a distinct layer of the plurality of layers.
 - 36. The apparatus of claim 35 further comprising: a via coupling optical paths lying in distinct planes.
- 37. The apparatus of claim 36 further comprising:
 a reflective via insert, wherein at least a portion of the reflective via
 insert is disposed within each of the optical paths coupled by the via.
- 38. An optical communication apparatus, comprising:
 a first planar layer having a channel;
 a first reflective layer deposited within the channel; and
 a second reflective layer deposited over the channel, wherein the first
 and second reflective layers co-operate to form an optical path.
 - 39. The apparatus of claim 38 further comprising: an optical core medium disposed within the channel.

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- 40. The apparatus of claim 38 wherein the optical path is substantially non-cylindrical.
- 41. An optical communication apparatus, comprising:

 a first planar layer having a channeled face defining a first channel; and
 a second planar layer having a complementary channeled face defining
 a second channel, wherein the first and second planar layers are relatively
 disposed such that the first and second channels oppose each other to form a
 composite channel for carrying optical signals.
- 42. The apparatus of claim 41 further comprising:
 a first mirrored layer deposited along walls of the first channel; and
 a second mirrored layer deposited along walls of the second channel.
 - 43. The apparatus of claim 41 further comprising: an optical core medium disposed within the composite channel.
- 44. The apparatus of claim 41 wherein at least one of the planar layers is substantially formed from at least one of a conductive layer, a non-conductive layer, and a semiconductor layer.
 - 45. The apparatus of claim 41 wherein a cross-section of the composite optical path is substantially non-circular.
- 46. The apparatus of claim 41 wherein a cross-section of the composite optical path is substantially rectangular.
 - 47. An optical communication apparatus, comprising:
 a sheet having a defined optical path lying within a plane of the sheet,
 wherein the optical path is defined by regions of opaqueness within the sheet.

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48. The method of claim 47 further comprising a first planar layer adhered to the sheet.

49. The method of claim 47 wherein a cross-sectional width of the optical path is substantially greater than a cross-sectional height of the optical path.